

**Mixed Martial Arts Coalition Grappling INC.  
WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE**

In Consideration Of Being Permitted To Participate In Any Way, Including Travel To And From, In Any Submission Grappling Tournament Or Related Activities Or Events Of Mixed Martial Arts Coalition Grappling INC., I Agree

1. I Understand The Nature Of Submission Grappling Activities And Believe I Am Qualified To Participate In Such Activity. I Also Understand The Rules Governing The Sport Of Submission Grappling.
2. I Further Acknowledge That Prior To Participating , I Will Inspect The Mats, Equipment, Facilities, Rules, Divisions, Scoring Systems And Overall System To Be Used, And If I Believe Anything Is Unsafe Or Beyond My Capabilities I Will Immediately Advise My Coach, Supervisor And/or A Tournament Official And Refuse To Participate.
3. I Acknowledge And Fully Understand That I Will Be Engaging In A Contact Sport That Might Result In Serious Injury, Illness Or Disease, Including Permanent Disability Or Death, And Severe Social And Economical Losses Due Not Only To My Own Actions, Inactions Or Negligence, But Also To The Action, Inactions, Or Negligence Of Others, The Rules Of The Sport Of Submission Grappling, Or Conditions Of The Premises Or Any Of The Equipment Used. Further I Acknowledge That There May Be Other Risks Not Known To Me Or Reasonably Foreseeable At This Time.
4. Knowing The Risks Involved In The Sport Of Submission Grappling, I Assume All Such Risks And Accept Personal Responsibility For The Damages Following Such Injury, Illness, Disease, Permanent Disability, Or Death.
5. I Hereby Release, Waive, Discharge And Covenant Not To Sue Mixed Martial Arts Coalition Grappling INC., Together With Their Affiliated Clubs, Their Respective Administrators, Directors, Officers, Agents, Coaches, And Other Coaches, Sponsoring Agencies, Sponsors, Advertisers, And If Applicable, Owners, Lessors, Lessees Of Premises Used In Conducting The Event, All Of Whom Are Hereinafter Referred To As "releasees", From Any And All Litigation Expenses, Attorney Fees, Loss Liability, Damage Or Costs On Account Of Injury, Illness, Disease, Including Permanent Disability And Death Or Damage To Property, Caused Or Alleged To Be Caused In Whole Or In Part By The Negligent Acts Or Omissions Of The Releasees Or Otherwise To The Fullest Extent Permitted By Law

I HAVE READ THE ABOVE WARNING, WAIVER, AND RELEASE, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT OR LEGAL GUARDIAN AS EVIDENCE BY THEIR SIGNATURE BELOW. I INTEND THIS TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THAT THE BALANCE, NOT WITHSTANDING SHALL CONTINUE IN FULL FORCE AND EFFECT.

**PARTICIPANT NAME**

**PARTICIPANT'S SIGNATURE**

**DATE**

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**\* PARENTS OR LEGAL GUARDIANS OF PARTICIPANTS OF MINORITY AGE**

THIS IS TO CERTIFY THAT I, AS PARENT OR LEGAL GUARDIAN WITH LEGAL RESPONSIBILITY FOR THIS PARTICIPANT, DO CONSENT AND AGREE TO HIS/HER RELEASE, AS PROVIDED ABOVE, OF ALL THE RELEASEES, AND, FOR MYSELF, MY HEIRS, ASSIGNS, AND NEXT OF KIN, I RELEASE AND AGREE TO INDEMNIFY AND HOLD HARMLESS THE RELEASEES FROM ANY AND ALL LIABILITIES INCIDENT TO MY MINOR CHILD'S INVOLVEMENT OR PARTICIPATION INCLUDING LITIGATION EXPENSES, ATTORNEY FEES, LOSS, LIABILITY, DAMAGE OR COSTS WHICH MAY INCUR AS THE RESULT OF THE MINOR CHILD'S PARTICIPATION IN THESE PROGRAMS AS PROVIDED ABOVE, EVEN IF ARISING FROM THEIR NEGLIGENCE, TO THE FULLEST EXTENT PERMITTED BY LAW. I HAVE INSTRUCTED THE MINOR PARTICIPANT AS TO THE ABOVE WARNINGS AND CONDITIONS AND THEIR RAMIFICATIONS

**PARENT OR LEGAL GUARDIAN NAME**

**PARENT/GUARDIAN SIGNATURE**

**DATE**

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